

# ALPHA CENTER TEULS

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alphacenterfriends.com



MORE DETAILS & EVENT INFO INSIDE!



ARE YOU LOOKING FOR A WAY TO CHALLENGE YOURSELF, FIND SUPPORT FROM YOUR FRIENDS AND RAISE MONEY FOR A GREAT CAUSE?

We invite you to participate in Alpha Center's Move For Life! Join the movement of life-affirming individuals throughout this community who are passionate about supporting unborn children and their families.





### LETTER FROM THE FOUNDER

SUMMER IS SUCH a heart-warming time of year, especially with the heat we have already had! The gleam of constant sunshine does wonders for brightening the mind and spirit. Everyone seems to be busy catching back up on "normal" life—spending time at the pool, going to ball games, taking a vacation or gathering with loved ones for backyard barbecues. Compared to last summer, the possibilities and opportunities of things to get out and enjoy seem endless.

That is why we are inviting you, your family, friends and church community to partner with us in a summer-long *Move for Life*. After a year of isolation and disconnection, now is a great time to get out and be part of something that's bigger than yourself. Participating in *Move For Life* gives you an opportunity to impact the lives of precious unborn children and their families.

Ask me what my movement challenge is this summer—I'd be happy to share it with you!

For HIS Unborn,

Leslee Unruh



### SATURDAY, SEPTEMBER 11TH 9:00AM - 11:00AM

All Move For Life participants are invited to join us for a celebration event on Saturday, September 11th at Alpha Center from 9:00am - 11:00am.

### This **FREE, FAMILY-FRIENDLY EVENT** will include:

- Organized Bike Ride
   On Sioux Falls
   Bike Trail
- 5K Run/Walk
- 2 Mile Walk
- Family-Friendly Activities
- Food
- Prizes
- And More!

If you would like to participate in the bike, 5K or 2 Mile events, please indicate your desired activity in your registration. You are welcome to use one of these events as your movement challenge or incorporate it into your own challenge!



### WHAT IS MOVE FOR LIFE?

Move For Life is a fundraising event benefitting Alpha Center, a pregnancy resource center in Sioux Falls, South Dakota. Anyone can register for Move For Life and set up their own movement challenge, determine their time frame in which to complete it and invite others to support or participate with them.

Here are a few ideas to help you brainstorm your movement challenge:

- Walk 50 miles in 50 days
- Swim 800 laps in 8 weeks
- Compete in a local triathlon
- Attend 25 fitness classes in 5 weeks
- Golf a 72 at an 18-hole golf course
- Bike 380 miles (the length of South Dakota) by the time school starts
- Your options are endless...

#### CHOOSE YOUR CHALLENGE

Once you have come up with your movement challenge, determine who you can invite to participate with you or who would be interested in supporting you. You can register as a family or create a team with your friends! Share with them about Alpha Center and why you have chosen to raise funds for this important cause.

### DETERMINE YOUR GOAL & REGISTER

Next, determine your fundraising goal and register below to set up your online fundraising page. You can customize your page with your challenge, post pictures and updates of your progress and use it to invite others to support you!

#### GET MOVING!

All participants will receive a free t-shirt that will be sent out after you register! When you receive your shirt, share a photo of yourself wearing it and be sure to use the hashtag #MoveForLife21 and tag us on Facebook @AlphaCenterFriends. We would love to see you participating in your unique challenge ideas! Together, we can create a movement that is passionate about using our bodies to glorify God and support unborn LIFE!

Call us at 605-361-3500 or go online to alphacenterfriends.com to register today!

#### REGISTER HERE:



# MEET THE BABIES



Alejandro

Birthday: April 3
Favorite Toy:
Pacifier Giraffe
Favorite Book:
The Lion & The Rat



Birthday: December 15 Favorite Place To Go:

The Zoo

Favorite Song:

Twinkle, Twinkle, Little Star





**Asher** 

Birthday: October 9

**Favorite Toy:** Dinosaurs

**Favorite Song:** 

Wheels on the Bus



**Birthday:** March 17 **Favorite Place to Go:** 

Church

**Favorite Book:** 

Mommy Loves You So Much





Grace

Birthday: April 5 Favorite Place to Go: The Park **Favorite Song:** Jesus Loves Me



Birthday: January 24 Favorite Toy: Mega Blocks Favorite Book: Mickey Mouse





Persephone

Birthday: July 27 Favorite Toy: Stuffed Elephant **Favorite Book:** 

Chicka Chicka Boom Boom



Birthday: December 30 **Favorite Place To Go:** The Spray Park **Favorite Song:** The ABCs



# GIFTS GIVEN

MINISTRY PARTNER	IN MEMORY OF
DOUG & LYNETTE	TERRY AUCH & GERALDA TRAMP
TERRY & VALERIE	KEA LYNN UFEN DEARING
DWIGHT & DEB	MILTON HANSSEN &
	DENNIS BEUKELMAN
DAVID & NANCY	LORRAINE HANTEN
DONALD & HELEN	ARTHUR MOSS, WILLIAM BRANDS & HARRIET MOSS
JONATHAN & KARLA	MARY LIND
C. KEVIN & BETTY	TOBIAS CARSON
JOSEPH	LANDON DECKER
JERRY & DARLENE	LEO ARBACH, JOHN DELKER, ROSE ARBACH & ANNA VILHAUER
FRED & JOAN	DELORES DEROUCHEY & FRANCES VAN WELL-BACHMAN
LONA	LESTER, PAUL & LINDA SWENSON
WILLIAM & VICKIE	JIM FARGEN
JANE	HULDA FISCHER
PATTI	MARY GIEBINK
JUDY & JO	KRISTEL STAHL
VERN & ARLENE	JIM WAEHL, WALTER SAYLER, EDNA KLUDT & RICHARD HOVORKA
MARLYSS	MILTON HANSSEN
DAVE & KATHY	DOROTHY FRICK EKERN
FANNIE	ADY WALBURG & MINNIE MOLENGRAAF
GARY & JANICE	EUGENE WEIDENBACH & FRIEDA NUSZ
ARIC & SHARLA	ARNOLD KELDERMAN & MARY ANN WYNIA
CAROL	ARNOLD KELDERMAN, JOHN VAN MEETEREN & ARTHUR KELDERMAN
CAROLYN	LORRAINE KROEKER
DAVID & KAY	PIER W. WYNIA & HILMORE KROESE
CLYDE & BARB	BERTHA THOLKES
PHILIP & LEANNE	NINA STEPHENS
MARILYN	MY MOTHER
CAROL	GLADYS, ERV & MARCIA BOLKEMA
NORMAN & ARLA	DELPHINE DECKER, EDNA MAE HOFER & GLENN WALTER
DENISE & DWIGHT	ROSEMARIE MELIUS & CLAIRE MELIUS
CAROL	LOUELLA SCHLEKEWY
DONALD & GEORGIA	SAMANTHA MILLER
WILLIAM	CAROL MYERS
PAMELA	CAROL MYERS, MARGARET ROWE & JIM MEERT
JOHN & PAM	HELEN R CAVEN
CURT & CHERYL	LAVONNE DYKSTRA
DAVID & BARBARA	GRANDMA AGGEN, MOM BECKEL, AUNT MARJORIE & GODMOTHER GENEVIEVE
JANICE	HENRY PATER
KENNETH & MARIANNE	MARTIN KUBAL
KAREL	MY MOTHER
DEB	JUDITH ROGHAIR, FALON, SARAH, MARGARET, EDWARD & TODD
JOHN & KAREN	EDWINA RUST
DWAYNE	RAYMOND SASS

SHARON	WALTER SAYLER
ANDREA	AL SCHMALTZ
ARLAN & MARCIA	ESTHER SCHOLTEN
ALLEN	LYLE HELGESON & RUTH PITTENGER
LARRY	LOIS SMITH
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ALICE ANN	DANA ARNOLD
MERLE	DUANE CAREY, WILBER HOFER & DOUG GOEHRING
LISA & RANDY	PATRICIA KNUST
LANCE & ARLENE	LEO BOSMA
LARRY & MONA	GENE & WANDA BUSEMAN
MARK & DEB	CHARLES VAANDRAGER
ORVILLE & ARLENE	LORRAINE GROENEWEG
MARK & DENISE	JOSEPHINE VENNER
ROGER & CAROL	NATHAN VIS
BETTY	SUSAN ANDERSON
PAUL & CAROL	JEANETTE PAULIN WHIDDEN
HARMON & BONNIE	JESSIE WIERSMA
KAREN	JOHN M. TSCHETTER
DONNA	LEAH KELLER
MINISTRY PARTNER	IN HONOR OF
MARJ	DEVIN SPOERER, JEFF MIKEL, TRACY DECKERT, MONICA SPOERER, REBECCA MIKEL, TERESA DECKERT & MARILYN MENDENHALL
DOUG & LYNETTE	ALVINA AUCH & CRYSTAL SNEARLEY
DWIGHT & DEB	MARLYSS HANSSEN, BRITTANY FOLEY, LILLIAN BEUKELMAN, TIFFANY POPE DREW FOLEY & STEVE POPE
MARK & BRENDA	HARRIET & GLENN KOOIMAN AND JAN, ALYSSA, ASHLEY, MARK, GILBERT, ELLIOT & ETHAN BLANKESPOOR
RICK & MICHELLE	CHRIS BRIEST
DONALD & HELEN	MELISSA, JENNIFER, CHELLY, EFFIE, DON, DOUG & DAN BRANDS
KEVIN	MERCEDES BRANICK
RYAN & BARBARA	MARY CHASE & CAROLYN BLEEKER
SCARLETT & LEAP	KHENG COCKERILL, KEN BIRST & LON COCKERILL
REV. GEORGE & MARY	KATHERINE LIPPERT & CHRISTINA RODE
PAUL & DONITA	ALVINA HOFER & DENA DAVIS
GRANT & LINDA	JOAN RENS
DANIEL & ANGELA	REV. A WAYNE BARRETT SR.
BRUCE & LAURIE	LAUREN & MATT HENSLEY FAMILY
KEN & JOANNE	KATHY DOMEYER
JUDY & JO	OUR GRANDCHILDREN
TIMOTHY & PAM	LISA ULMER
WILLIAM & LORRAINE	MY CHILDREN WHO CALL ME MOM
JOSH & EMILY	DENNIS & LORETHA WEBBER
LOUIS & BECKY	VERONICA NIEHAUS
TERRY & LYNN	DAUGHTER HANNAH
EMILY & CHRIS	BRUCE HUBERS, MATT AMDAHL & LISA HUBERS
BRYAN & SANDRA	SARAH & TANNER
FANNIE	KAREN JANSSEN, MICHELLE JANSSEN, ASHLEY JANSSEN & JODI DEEN
ARIC & SHARLA	FRANK WYNIA & CAROL KELDERMAN

CAROL	ARIC, SCOTT, ROSS, GERTRUDE, SHARLA, KARI, TRISHA KELDERMAN, DARWYN VANVELDHUIZEN, HERMINA VAN MEETEREN & KAYLA VAN VELDHUIZEN
JAMES & LORI	OLIVE GRIMSRUD & CAROL KELLER
KENNETH	FATHER FRANK PAVONE
DAVID & KAY	JOYCE VANDER WELL & LAVONNE KROESE
CLYDE & BARB	TRACY KROG
VIRGINIA & DAVID	MARY GUENTHER & KAYCEE ALBERTSONS
APRIL & ISAAC	REENY SCOTT, JILL KURTZ, TOM SCOTT & SCOTTY KURTZ
ETIEN & MARIAN	OUR DAUGHTERS, GRANDDAUGHTERS & GREAT GRANDDAUGHTERS
LARRY & MARVELLA	DR. ALLEN & LESLEE UNRUH
RENEE & MERLE	MRS. JEAN TEHLE
BRAD	NORMAN & ARLETTE LINDWURM
DAVID & MARCY	BRIAN, ZANE, EVA & OLIVE
PETER	LESLIE MACK
DENISE & DWIGHT	DONNA NEISES, LAURA MELIUS, ANGELA JOHNSON, KATIE MELIUS, JODI MELIUS, DAVID MELIUS, JASON JOHNSON, RICK MELIUS, JOHN MELIUS & DONALD NEISES
ORIN & PHYLIS	NIKKI MELIUS, LAURA BRUEGGEMAN & LISA MUELLER
LAURA & DAVID	SHIRLEY JOACHIM & DENISE MELIUS
ERICA & ANDY	JOEY GRABER, JOHNNY GRABER, FRED HAWLEY, ARLEN MILLER, CRAIG MILLER, ROBERT WEAVER, ANDY MILLER, JENELLE MILLER, PATTI GRABER, FLORENCE MILLER & ANNE MAE WEAVER
ALVIN & EVIE	THE MOTHERS OF OUR GRAND & GREAT GRANDCHILDREN
JOHN & PAM	LAURA KROG, NYCOLE NIBBE & AMY NIBBE
JANET & LARRY	OUR DAUGHTERS & DAUGHTERS-IN-LAW
LARRY & SUSAN	SUE OLSON FAMILY, ERIN FOSHER FAMILY & EMILY RICHARDSON FAMILY
STEVE	FR. CHUCK CIMPL
MEGHAN	HELEN COUGHLIN RAY
WAYNE & SANDRA	MARY ANN GUTHMILLER, LESLEY PETREE & JANNA PETREE
SHARON & DENNIS	KELLY PHINNEY, NATHAN PHINNEY & DENNIS PHINNEY

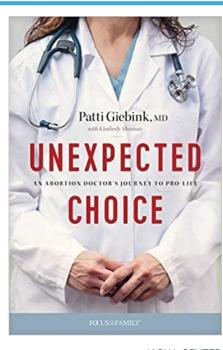
LINDSAY & MIKE	JACK PLATHE & RUSS REITER
JOHN & KAREN	RUTH VOSS
REV. GEORGE & JULENE	OUR GRANDCHILDREN
MARIO	ROSANNE GATTA
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CINDY & MICHAEL	LEO SCHMIT
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DAVID & CYNTHIA	CHARISSA COVEY, DANA SHEPPARD & SANDY SHEPPARD
ROBERT & CRIS	NATHAN ANDERSON
JEFF & NORA	DALE SLYKHUIS, JOSH SLYKHUIS, SHIRLEY STEWART, MARETTA BUDDEN, MARLORES ROOZING & MARLENE SLYKUIS
SHELLEY	THE MACHACEK FAMILY
JULIE	JOEY SPELLERBERG & JOHNNY SPELLERBERG
JAMES & CORINE	DIANE BELK, RACHEL MILLER & JIM STACH
ALICE ANN	DAN & MARY SCHILLINGER AND BILL & BRENDA GRAN
ROSE	JO SCHAMBER
NATHAN & SARA	LESLEE UNRUH
WARREN & PAT	JOAN CASWELL & ANGES VANDER POL
BERTHA & MARVIN	BARB VAN'T HOF, BARB DEBOER, KIM EISFELD, STACY VAN'T HOF, AL VAN'T HOF, ROD DEBOER, RODNEY EISFELD & MIKE VAN'T HOF
MARK & DEB	HARLAN VAN'T HUL, KATHRYN JAANDRAGER & MARY VAN'T HUL
ORVILLE & ARLENE	BENJAMIN VAN'T HUL, SHERRY, DARLA & ASHLEE VANT'HUL AND ADDYSON VAN'T HUL'S 1ST BIRTHDAY
MARVIN & LEONA	MR. DUANE GENZLINGER
MARY	WESLEY JOHNSON & TYLER BOUMA
DENNIS & LORETHA	AGNES HOFER
RON & PEG	COREY BOESE
JUDY	HELEN LEBRUN
HARMON & BONNIE	MARY ANN VAN BEMMEL
JOHN & MARY	SANDRA HEINITZ & LAURA LAVOY

# UNEXPECTED CHOICE: AN ABORTION DOCTOR'S JOURNEY TO PRO-LIFE

#### BY DR. PATTI GIEBINK

How does a pro-choice doctor who once performed abortions for Planned Parenthood wind up on the opposite side of this embattled issue? As Alpha Center Board Member Dr. Patti Giebink tells her emotional story in her recently released book, you will come away with a new understanding of the complexity of life, the risks of abortion, the power of prayer, and the greatness of God's love and forgiveness.

Visit www.unexpectedchoice.com for more information about purchasing Unexpected Choice or call us at 605-361-3500 to reserve a signed copy for a suggested \$15 donation.





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### PLEASE PASS THIS NEWSLETTER ON TO EDUCATE AND MOTIVATE OTHERS

A PDF version is available on our website:

alphacenterfriends.com

#### STAY UP TO DATE







### **UPCOMING EVENTS**



GOD, MOM & ME TEA

THURSDAY, JULY 29 AT ALPHA CENTER & VIRTUAL EVENT

Register at abstinence.net





ALPHA CENTER

This is a private event for our clients by invitation only.



# BOOTH AT THE TURNER COUNTY FAIR

**AUGUST 16-19** PARKER, SD



## MOVE FOR LIFE CELEBRATION

SATURDAY, SEPTEMBER 11
ALPHA CENTER

Visit our Event Calendar at alphacenterfriends.com for more information.