



WHAT A YEAR *— it has been*

JUNE 24, 2023, marked the first anniversary of the *Dobbs v. Jackson Women's Health Organization* decision that overturned *Roe v. Wade*. And what a year it has been. With the *Dobbs v. Jackson* decision, each state was given the right to restrict, expand, regulate, ban or ensure a state constitutional right to abortion, and this created new challenges for us.

As time has progressed since the decision, many have asked whether the demise of *Roe v. Wade* would make pregnancy help organizations, like Alpha Center, unnecessary. This year has proved that pregnancy help will always be needed, no matter what. **You see, pregnancy help isn't just about abortion; it is about people.** The people who are experiencing an unexpected pregnancy, like the teenage girl looking at two pink lines on a test strip, the married couple with an empty bank account who was planning to wait or the woman who can't function at work because of pregnancy-induced nausea.

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(continued from cover)

SO HOW DID WE RESPOND? **WE CONTINUED TO SERVE.**

Some came hoping to choose life for their babies. Others were considering getting abortions across state lines or ordering chemical abortion pills through the mail. There were also those who were simply scared and had no idea what they were going to do. They all were offered support, education, medical services, resources and hope.

So today, and going forward into the Post-Roe Era, we continue to make a difference by providing love and care to those who need it most as we build a culture where women, men, babies and families are protected and cherished. Lives are counting on our commitment to serve, and we are grateful for your partnership in this mission.

For HIS Unborn,

Leslee Unruh
Alpha Center Founder



P.S. Keep your eyes peeled for us on the road as we launch our new Legacy Mobile Medical Unit!



ABSTINENCE CLEARINGHOUSE UPDATE

GOD, MOM & ME TEA

God, Mom & Me Tea serves as an event for mothers, or mother figures, and daughters ages 9-12 to focus on the joy of womanhood, the beauty of God's design and the greatness of His timing for development.

PLANNING YOUR TEA

With a little preparation, you can host a tea in your community that encourages mothers to embrace their God-given responsibility to guide and direct their daughter's understanding of development and the purpose of womanhood!

The *Hostess Guide* video series and document will walk you through the steps needed to create a memorable experience and make a lasting impact on the mothers and daughters who attend your event. You will learn how to gather a team, set a budget, select a venue, advertise and choose which elements of a traditional tea you would like to incorporate.

ORDER YOUR GUIDE

Your *God, Mom & Me Tea*
Program & Planning Guide
includes: _____

If you have questions about hosting a *God, Mom & Me Tea*, call us at (605) 335-3643 or email info@abstinence.net.

- Hostess Guide: video series and supporting documents
- Interactive program video for event
- Logo and social media graphics
- 10 *Mother's Guides*
- 10 *Daughter's Guides*

ORDER NOW!



MEET THE BABIES

We asked our Alpha Babies to answer the following questions about their mommies and here is what we found out:

1. *What day did mommy have me?*
2. *What is mommy's favorite hobby?*
3. *What food did mommy crave when she was pregnant?*
4. *What is mommy's least favorite chore?*



Orin

- January 2, 2023
- Dog Grooming
- None but favorite food is Chicken Fried Steak
- Dishes

Koa

- July 12, 2022
- Watching TV
- Watermelon
- Garbage



Emberly Mae

- May 25, 2022
- Painting & Drawing
- Slim Jims & Pickles
- Laundry

Cole & Jack

- May 28, 2022
- Walking Outdoors
- None but favorite food is Seafood
- Cleaning the Car



BABY NEEDS

BABY ITEM NEEDS LIST

- Diapers Sizes 4—6
- Wipes
- Formula
- Clothing, Any Gender & Any Size

**At this time we are requesting new items only*

SHOP OUR BABYLIST REGISTRY

and have the items shipped directly to us.

Visit the link at

alphacenterfriends.com/donatebaby-items

or scan the QR code.

Donations can be dropped off at Alpha Center anytime Monday-Friday from 8:30 AM—5:30 PM.

Thank you!

SCAN TO DONATE



CLIENT *Testimony*

STACEY

ED CLIENT *Experience*

The following testimony was shared at our Annual Dinner on Friday, April 28 and has been printed for those who missed attending the event:

IT WAS A SUMMER DAY in 2022 when the Supreme Court ruled to overturn Roe v. Wade. I heard from people saying, "My body, my choice," and on the other hand, "it is a baby, and we need to not allow murder." The noise went on and on. All that went through my mind was, "What is my opinion? How would all these people feel about me if they really knew me and my abortion story? Am I a murderer? Will God ever forgive me? Were my two miscarriages after my abortion a punishment?"

A flicker of light went on in my mind, and I thought *I need to talk to someone from our church so they can really tell me what a bad person I am.* I called my pastor and told him the whole story about being pregnant when I was 14 and my abortion experience. However, it did not go at all like I thought it would. He said, "Stacey, I am so sorry you had to go through this. Do you know you are forgiven? Do you know that God forgives you?" I quickly replied, "No." He said he knew of a place called Alpha Center that has a special recovery program that may help me. He got me connected, and I eventually met up with Abby, Alpha Center's After Abortion Care Coordinator.

When Abby and I met, she asked me to share my story and, of course, I cried and cried. However, I knew it was time to open up in order to rid myself of the shame and guilt I had carried for over 35 years. It was time to go through the healing process.

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CLIENT TESTIMONY

A couple of weeks later I showed up at Alpha Center for my first recovery group meeting. As soon as I walked in, I ran back out the door. Abby came after me and asked what was the matter. I told her that I knew two ladies in the room and never wanted them to know this about me. A few minutes later, one of the ladies came up to me, held me in her arms and whispered in my ear, "Why do you think I am here, Stacey?" My initial thought was *but you aren't as bad as I am*. With some convincing, I sat down around the table and sobbed as we began to share a little about ourselves.

The meetings ahead were tough and very emotional. I thought I was going to get kicked out because of my hysterical crying, but thankfully, I didn't. These ladies loved me until I could begin to love myself. We all had different stories but experienced the same shame and guilt. We learned how God gave His Son for our sins, no matter how big or small. I experienced the love of Jesus who shed His blood for each one of my sins.

In the weeks following, I began to share about the forgiveness I felt and how God loves me just the way I am. I was able to send a card to someone that I was really resentful towards in the beginning of this journey. I thanked her for doing the best she could and asked for forgiveness for my part.

Today, I can walk in confidence and the promise of scripture that says, "If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness" (1 John 1:9). I'm still in a season of grieving, but I don't cry over my sin anymore. I cry because I miss my child. If you are a man or woman who's been involved in an abortion, I want you to know there is hope and help for you. Contact the Alpha Center today.

-Stacey

GIFTS GIVEN

Gifts received between March 11, 2023 and July 5, 2023.

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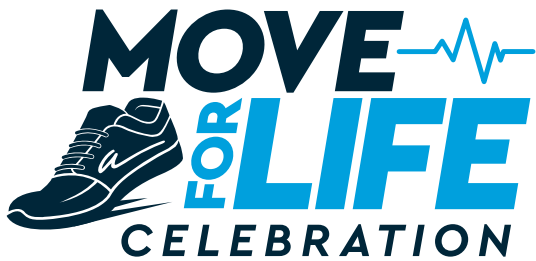
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TO EDUCATE AND
MOTIVATE OTHERS

A PDF version is available
on our website:
alphacenterfriends.com

STAY UP TO DATE



UPCOMING EVENTS



**MOVE FOR LIFE
CELEBRATION**
SATURDAY, SEPTEMBER 30
ALPHA CENTER



**MEET THE
BABIES NIGHT**
TUESDAY, AUGUST 8
ALPHA CENTER
This is a private event for our
clients by invitation only.



**BOOTH AT
THE TURNER
COUNTY FAIR**
AUGUST 14-17
PARKER, SD



**BOOTH AT THE
SD RIGHT TO LIFE
CONVENTION**
SEPTEMBER 23-24
ABERDEEN, SD

Visit our Event Calendar at
alphacenterfriends.com for more information.