

Happy FATHER'S Day



Travis, Vincent & Caelum



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This Father's Day, honor the special men in your life with a Father's Day card. Simply give a gift of \$150, \$100, \$50 or any amount in the enclosed remittance envelope. Fill in the name and address of each father you would like to honor, and we will send them a special Father's Day card. Your generous support allows Alpha Center to continue encouraging fathers, like Travis, to lead and support their families well.

For HIS Unborn,

A handwritten signature in black ink that reads 'Leslee Unruh'.

Leslee Unruh, Founder

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A FATHER'S DAY STORY

Travis: *With the sudden loss of my wife, I unexpectedly became a single parent to my seven-month-old and two-year-old. The thought of raising my sons alone was overwhelming and hard to process. A coworker told me about Alpha Center, and I went to see what kind of help they could offer. It was at Alpha Center that I was connected with Dave, my mentor, who talked with me each week as*

I went through parenting education courses. It was nice having something to work and focus on each week. Knowing I would be talking with Dave helped me to realize that I was not walking through this journey alone. I am grateful that I had the courage to reach out for help and would now encourage others to do the same. Especially men - don't be afraid to ask for help! Alpha Center is there for dads who want to learn how to grow in their role as a father. Going through the parenting lessons has given me the tools I needed to continue raising my boys confidently. It's encouraging to know that the "terrible twos and threes" won't last forever!



Travis & Alpha Center Mentor, Dave



Dave: *Last year when I signed up to be a mentor at Alpha Center, I didn't know what to expect. I am pleased to say that my experience has been great! Occasionally, men will become a part of the Alpha Center experience at various levels of need. It has been wonderful to be able to share in some of these experiences.*

I have been privileged to share many phone call appointments with Travis. Even though he was navigating through a tremendous loss in his life and being left alone with two young children to raise, Travis was always cordial and prompt on our calls. At first, he felt deeply alone and had great feelings of void regarding his ability to raise his boys by himself. We were both blessed

that in Alpha Center's parenting education program, there were many courses designed just for men. We studied through many of those weekly lessons together and I began to witness his confidence grow. As we spoke together, I realized that he has a deep love for his children and these classes helped inform on how to better love and care for them. It was wonderful to share in his growth.



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