



SIoux EMPIRE'S LARGEST BABY SHOWER

IN PARTNERSHIP WITH



Throughout January, you can drop off baby items at the Life 96.5 radio station, Alpha Center or a participating Lewis Drug store in Sioux Falls. Alpha Center clients earn these items while participating in incentive-based parenting education programs.

BABY ITEM NEEDS LIST

- Gender Neutral Newborn Baby Items
- Pull-Ups
- Convertible Car Seats
- Silicone Teethers
- Baby Shampoo & Body Wash
- BabyList Gift Cards
- Boy & Girl Outfits (Sizes Newborn - 3T)
- Pacifiers & Pacifier Clips
- Baby Video Monitors
- Winter Hats & Mittens
- Cribs & Mattresses
- Infant & Toddler Toys/Rattles

**At this time we are requesting new items only*

SHOP OUR BABYLIST REGISTRY



SCAN TO SHOP

Shop our Babylist Registry and have the items shipped directly to us. Visit the link at alphacenterfriends.com/donate-baby-items



**DROP-OFF LOCATION:
PALACE CITY COINS
MITCHELL, SD**

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alphacenterfriends.com

A WINDOW INTO THE WOMB

There is one machine with the power to completely change someone's mind: **the ultrasound machine**. It is a miraculous, life-changing moment when a mother sees her baby for the very first time. The ultrasound image carries a dignity and grace which cannot be denied. Life bursts from the screen with possibility and promise. Through the generous support of our ministry partners, Alpha Center is able to offer women and men a window into the womb.

There is a great need for our ultrasound services to be available beyond our regular business hours. In the same way we are accessible 24/7 by phone, we desire the ability to travel to a woman experiencing an unexpected pregnancy at any time with Alpha Center's Legacy Van, a mobile medical unit. Why? It's because of Abortion Pill Reversal (APR). Some of you might be familiar with APR and what it all entails. However, for the number of questions I have gotten over the past year, it seems many of our ministry partners are unfamiliar with what Alpha Center is involved in. That is why I asked our Nurse Manager, Jenna, to share with you an update on our work and how you can further partner with us into the new year.

For HIS Unborn,



Leslee Unruh
Alpha Center Founder



RESCUING A LIFE

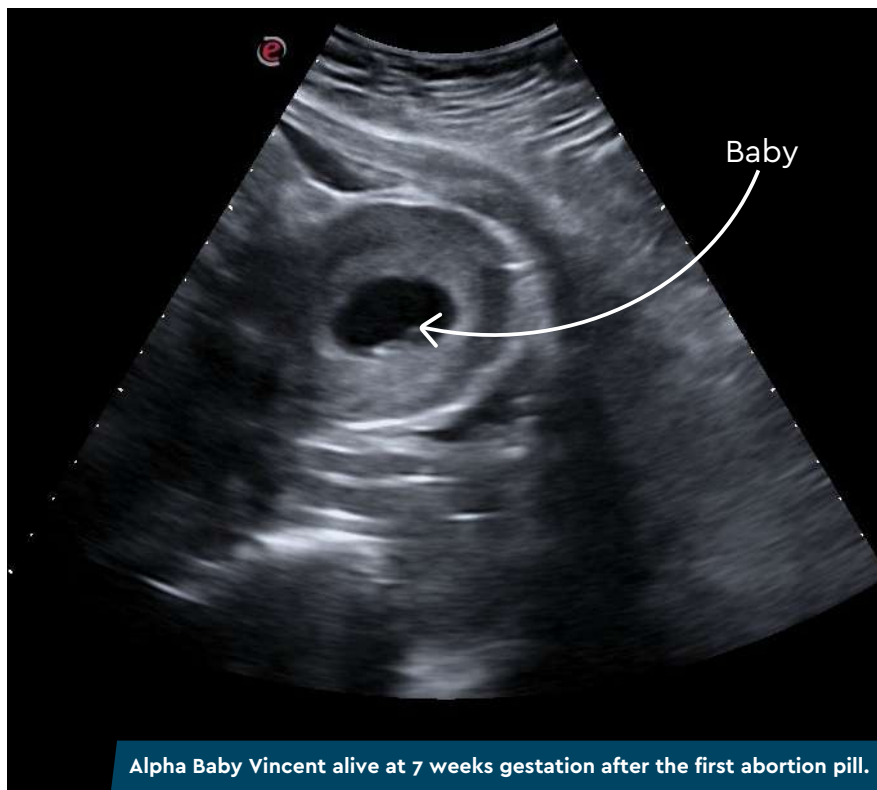


Chemical abortion is the most common method of abortion. It now accounts for more than half of all abortions provided in the United States and is increasing in accessibility and demand since Roe was overturned on June 24, 2022. Several websites offer these "safe and effective" pills in the mail, and South Dakota is seeing women travel out of state to access both chemical and surgical abortions. The chemical (also known as medical) abortion pill regimen is a two-pill process the FDA approved up to 10 weeks of pregnancy. The first drug, mifepristone (Mifeprex or RU-486) blocks the hormone progesterone in the body. Without adequate progesterone during pregnancy, the lining of the uterus will break down, preventing the baby from growing. The second drug is misoprostol (Cytotec). This pill is taken 24-48 hours after mifepristone to induce uterine contractions to expel the pregnancy.



Alpha Baby Vincent's First Birthday

The circumstances surrounding an unplanned pregnancy can cause a woman to feel that abortion is her only choice. Sometimes, a woman may feel regret after taking the first abortion pill and change her mind. The Abortion Pill Reversal (APR) process is available for a mother and her baby in that critical moment. The APR process requires immediately introducing progesterone into a pregnant woman's system in an attempt to counteract the progesterone-blocking effects of mifepristone. The reversal process is most successful if started within the first 24 hours after taking mifepristone (and without having taken the second pill); however, there have been successful outcomes up to 72 hours after taking mifepristone. The woman must call the national APR hotline where she is connected with a medical professional who will assess her situation over the phone and connect her with a trained APR provider in her area.



Alpha Baby Vincent alive at 7 weeks gestation after the first abortion pill.

Alpha Center is a trained APR provider in South Dakota. At Alpha Center, we have witnessed the Lord use the progesterone protocol to *reverse death and rescue life*. The ultrasound machine is a necessary tool used in this lifesaving process. When Alpha Center receives a call from the APR hotline about a woman in our area who has taken the first abortion pill and desires to continue her pregnancy, an ultrasound is needed to evaluate the baby's heartbeat and assess for a viable pregnancy before progesterone treatment can begin. Seeing her baby's heartbeat on the screen after taking the first abortion pill is a beautiful affirmation of the resiliency of the mother and child, *her child*. The ultrasound machine is *the* critical instrument God uses to display and defend life. However, time is of the essence in the APR process. It needs to be started within 24-72 hours. With the Legacy Van, our hope is to go to a woman in need of APR that cannot travel to our center in a timely manner.

If I can describe APR to you in one sentence it would be this:
stopping Satan dead in his tracks.

Deuteronomy 20:4 declares,
**"FOR THE LORD YOUR GOD IS
THE ONE WHO GOES TO FIGHT
FOR YOU AGAINST YOUR
ENEMIES TO GIVE YOU VICTORY."**

With the anticipation of the Legacy Van's arrival from being outfitted, we are needing to purchase a new portable ultrasound machine to use both on the Legacy Van and to bring live ultrasound presentations into schools and churches. Another goal in 2023 is to update our in-office, six-year-old ultrasound machine in order to offer our clients a clearer window to their wombs. **If you are interested in contributing towards the purchase of these new machines, 100% of the gifts received back in the enclosed envelope will go towards our ultrasound campaign.**

I hope this information was encouraging to you as a demonstration of how your continued partnership is saving children in such a critical moment. Thank you for trusting our team to carry out the work that God has laid before us.

ALPHA BABIES RESCUED THROUGH APR

- Roman
- Vincent
- Arrow
- Baby Girl Born November 2022
- Baby Due June 2023

Jenna
Nurse Manager

RESCUING A LIFE

EACH DECEMBER WE TAKE THE OPPORTUNITY TO HONOR OUR VOLUNTEERS AND THEIR SERVICE OVER THE PAST YEAR. **ALPHA CENTER THRIVES ON THE GENEROUS SUPPORT OF VOLUNTEERS, AND WE ARE VERY APPRECIATIVE OF THEIR SERVICE!**

HELEN SOODSMA - VOLUNTEER OF THE YEAR

Helen began as a volunteer Client Advocate 35 years ago, meeting with clients for pregnancy tests and parenting education appointments. As life circumstances changed over the years, Helen transitioned into primarily serving as a Hotline Advocate and continues to do this even today. As a volunteer Hotline Advocate, she answers Alpha Center phone lines when the office is closed overnights, weekends and holidays. She is trained to help calm an anxious caller, answer questions and schedule appointments. It is crucial that a potential client has the ability to reach us 24 hours a day, and Helen helps make that possible. She frequently volunteers to take several time slots each month, and has also graciously taken lines if another Hotline Advocate is unable to fulfill their commitment last-minute.

In addition to being Alpha Center's Volunteer of the Year, this past fall we nominated Helen for a *Volunteer of the Month Award* through the Sioux Falls 211 Helpline Center. She was selected as their honoree for June 2023!



Executive Director Erica Miller, Helen Soodsma & Founder Leslee Unruh

JOSH IVERSON - ANGEL AWARD

Josh is one of our "behind-the-scenes" volunteers without whom Alpha Center simply would not function. For over ten years, Josh has volunteered his vast technical knowledge and skill by installing new computers, setting up multiple computer-related connections and answering questions about day-to-day technical issues. Josh's daytime job as an Engineering Manager at Aerostar means that his availability to come and volunteer is limited to evenings or lunch breaks, adding to his already full life of being a great husband and father.

His t-shirt gift pictured reads "**Tech Support**; [tek suh-pohrt] noun; A person who does precision guesswork based on unreliable data provided by those of questionable knowledge; See also: *wizard, magician.*"



Jill & Josh Iverson



Jay & Stacy Van Voorst

JAY & STACY VAN VOORST - HUMANITARIAN AWARD

For several years, Jay & Stacy have been faithful supporters of Alpha Center and have offered their time, talent and treasure in various ways. Stacy has volunteered as a mentor and at events. Their team at American Electric has also donated professional services to fix electrical needs around our office. This past summer, Alpha Center's existing security system needed to be updated. Jay & Stacy saw how they could graciously make arrangements through their business with a security company to install a brand new video security system.



Pictured L to R: Volunteer Dr. Michael & Kathleen Fiegen, Servant-Hearted Award Recipients Lisa & Miles Beacom, Alpha Center Founders Leslee & Dr. Allen Unruh, Volunteer Nancy & Steve Neff

GIFTS GIVEN

Gifts received between August 19, 2022 and December 31, 2022.

MINISTRY PARTNER	IN MEMORY OF
MATTHEW & SHARON AMDAHL	EVIE BLANKERS
BARB BAUMAN	RAY & PAULINE SASS
ROB BECHLER	WANDA BECHLER
DWIGHT & DEB BEUKELMAN	PHYLLIS HARMS
DAVID & NANCY BOGENHAGEN	MARY MUNSEN & GLAYN MEIER
LOWELL & GLENDA BONNEMA	JESSICA LYNN BONNEMA
GWEN BRADDOCK	ALFRED ARTHUR BRADDOCK JR.
MIKE & ROBYN BRUGGEMAN	DON RIPPERDA
DR. JAMES & SHARON BURGERS	AVERY ANN BURGERS
KEVIN & BETTY CARSON	HANNAH JEAN NYBERG & JOHN PATRICK NYBERG
JOSEPH DECKER	LONDON DECKER
JERRY & DARLENE DELKER	JOHN DELKER, ANNA VILHAUER AND LEO & ROSE ARBACH
EUGENE DENNIS	DARREL HAMPTON
FRED & JOAN DEROUCHÉY	FRANCIS & DELORES AND MATHEW & FRANCES
EARL & SHERRY DEWILDE	CLIFFORD HANSEN
JAMES & CHERI ENGLERT	CHARLES & JOSEPHINE ENGLERT AND DARYL & LORNA BURKE
MARY FENGER	WILBERT FENGER
SUSAN FITCHBEN	KENNETH KLUCH
TIMOTHY & PAM GRAHAM	MARY KRAUSE
KAREN GROENEVELD	RANDI GERLACH
MARVIN & VERNETTE GUTHMILLER	SHARON HAUCK
VERN & ARLENE HAASE	SHARON HAUCK
BETH HAGEN	DR. BRUCE C. HAGEN
MARLYSS HANSSSEN	MILTON HANSSSEN
LESLIE & LIBBY HEINEMANN	MARCI ENG
TIMM & RENAE HOFFMAN	NORMAN ERICKSON, LOU LATENDRESSE, DONALD MAASS & DOROTHY DAUGAARD
CLINT & JANE HOYER	DEANNA HOYER
BOB & LAVERNA JACOBSMA	SCOTT MAGER & PERRY JACOBSMA
JANICE JERKE	RANAE ERICKSON
JANICE JERKE	ROBERT RUEB & GARY JERKE
ROBERTA JOHNSON	MARY TASCHNER, MARVEL DAVIDSON & ARDELL DEDE
CAROL KELDERMAN	ARNOLD KELDERMAN, JOHN VAN MEETEREN & ARTHUR KELDERMAN

ROBERT KOSTBOTH	KAREN FRERICHS
VERNON & LORETTA KRAFT	KATHERINE ANDERSH & LIANNE GEIDEL
DAVE KRIENS	SARA MARIE LOUISE KRIENS & NICOLE ELIZABETH KRIENS
NORMA KRUGER	PHYLLIS HARMS
PHILIP & LEANNE LARSON	NINA STEPHENS
GARY & KATHRYN LENZ	HARRY LENZ
PETER MACK	PETER & SUSAN MACK AND JACOB & ELMIRA JELLESMA
DEB & KEITH MCGUIRE	KAREN MCGUIRE
NYLE MEEKER	DONNA MEEKER
LORRAINE MOSEMANN	GLAYN MEIER
WILLIAM G. MYERS	CAROL MYERS
PAMELA MYERS	CAROL MYERS
LARRY & SUSAN OLSON	LAVONNE OLSON
KENNETH & MARIANNE PETERS	ROGER WILTZ, MARVIN GRANZOW, JERRY NELSON, CAROL KABERNA, NILUS SCHAEFER & LIANNE GEIDEL
JUDITH RADERMACHER	CALEB JAMES YURICK & RONALD R. RADERMACHER
ABBY RAUSCH & GRACE RAUSCH	CARMEN RAUSCH
DONALD RAUSCH	REUBEN & ROSE MARIE REUER
KRISTEN SANDHURST	GARY JERKE
CORY & WENDY SCHMIDT	GARY JERKE
DONALD & BARBARA SCHNEIDER	REBECCA SHOUP
SARA SCHURING	MARY LOU POLONCIC
DARRELL & VICKI SEVEREID	BENJAMIN SEVEREID
LARRY SMITH	EUGENE SMITH
REV. KENNETH & BEVERLY SOYK	MARK HOLLMANN, BETTY ERICKSON, VERNETTA BADER & HAROLD FISCHER
ALICE ANN STANGE	LINNEA KRUEGER
LOREN & SANDRA TUCHOLKE	PEGGY FOLK RADEMACHER & SAMUEL FOLK
LISA & RANDY ULMER	HARRY & PAT KNUST
JACOB & HILDA VAN VOORST	SOPHIA ZOMER
FRANCES VELDKAMP	JAMES VELDKAMP, PENNI DAMON, MANDI CODY & KATIE VANDE KIEFT
BETTY VOS	SUSAN ANDERSON & NELSON VOS
RON & PEG WENCL	JUDY BOHLEN
DONNA ZEEB	SHARON HAUCK

MINISTRY PARTNER

IN HONOR OF

CORNERSTONE FINANCIAL SOLUTIONS	DAROLD & SHELLY FRIESE AND DARCY & DIANE VAN GORP
ANONYMOUS	JENNA LILYQUIST
DANIELLE & RYAN BROUWER	JOIE & RYSON'S BIRTHDAY
COREY & KATHLEEN CHICOINE	NICK LORANG
BETTY EHLERS	MY TWO ADOPTED DAUGHTERS
PETER & AMIE GAMBOIAN	TONY HAGGAR
DEAN & AMY GESCH	GRANDDAUGHTERS MARGO & ELLEN
JOY INGALLS	LARRY BONRUD & LYNN BONRUD
CAROL KELDERMAN	ARIC KELDERMAN, SCOTT KELDERMAN, ROSS KELDERMAN, BEN KELDERMAN & DARWYN VANVELDHUIZEN
KEN & RHONDA KOCH	KALLY & HANNAH
SOLVEIG LANDE	BELLA COMBS
RENEE & MERLE LEIBEL	FATHER BRIAN LANE
GENE'S STUDIO	STEPHEN PAREZO
SHARON & DENNIS PHINNEY	LESLEE'S BIRTHDAY
DOROTHY & DUANE PULSE	KALLY & HANNAH
KENNETH & SUZETTE REUTER	CADEN, AUSTIN, KARSTEN & KAYLA
CHARLES SCHRIVER	NORM VIS
CINDY & BILL SCHULTZE	OUR GRANDCHILDREN
HELEN SOODSMA	PETE'S 85TH BIRTHDAY
KIP SPECKELS	ALPHA CENTER

EUGENE & CHERYL THOMAS	DAVE & CHRISTINE VELDHIJZEN
ORVILLE & ARLENE VAN'T HUL	GRANDSON DASON VAN'T HUL AND SUMMIT VAN'T HUL'S FIRST BIRTHDAY
ROGER & CAROL VIS	NATHANIEL & ELIZABETH
LANCE & VEE WONDERS	LESLEE UNRUH



SANCTITY OF HUMAN LIFE MONTH

Are you a church leader looking for resources promoting the sanctity of human life to share with your congregation? Alpha Center has many resources to help you share a message of life such as free bulletin inserts, videos and songs. As you plan for Sanctity of Human Life Sunday, please prayerfully consider how you may further partner with our ministry as we continue to offer services to women and men involved in unexpected pregnancies. **Scan the QR code or visit alphacenterfriends.com/sanctity-of-human-life to place your order today!**



NEW 2023 BULLETIN INSERTS

Before I formed you in the womb I knew you.

JEREMIAH 1:5

ALPHA BABY CASS

SANCTITY OF Human Life

On January 22, the anniversary of the Roe v. Wade decision that legalized abortion in 1973, we recognize Sanctity of Human Life Sunday. From 1973 to 2022, more than 63.6 million unborn children's lives have been lost through abortion. When President Ronald Reagan first proclaimed and recognized Sanctity of Human Life Sunday in 1984, he said, "These children, over tenfold the number of Americans lost in all our Nation's wars, will never laugh, never sing, never experience the joy of human love, nor will they strive to heal the sick, or feed the poor, or make peace among nations. Abortion has denied them the first and most basic of human rights, and we are infinitely poorer for their loss."

With the reversal of the Roe v. Wade decision on June 24, 2022, it is important now more than ever to promote and get involved in life-affirming organizations. **Ask yourself: How does my daily life reflect the belief that defending an unborn human being is a noble cause?** Included are ways to help yourself, your church and your community support men and women experiencing unexpected pregnancies.

ALPHA BABY PAISLEY

PRAY
Please remember in your prayers those who find themselves unexpectedly pregnant and in need of support and guidance. It could easily be the person sitting next to you at church, the woman bagging your groceries or your grandchild's high school friend. Pray that they have the courage to reach out for help.

ALPHA BABY EMBERLY-MAE

SPEAK HOPE
There are members of your congregation that have been personally affected by abortion and need to hear messages of grace, forgiveness and hope. They are most likely struggling with feelings of guilt and shame and need to know the church is a safe place.

ALPHA BABY KOLBY

SUPPORT & PROMOTE
Tell others about organizations, like Alpha Center, whose primary mission is to reach women and men at risk for abortion. You never know who in your life may be in need of these life-saving services. Invest your time, treasures or talents in the places that daily champion protecting the unborn.

SCAN TO TOUR ALPHA CENTER

3405 S. Kiwanis Avenue • Sioux Falls, SD 57105 | 605.341.8300 | info@alphacenter.org | alphacenterfriends.com



3405 S. KIWANIS AVENUE
SIOUX FALLS, SD 57105

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PLEASE PASS THIS
NEWSLETTER ON
TO EDUCATE AND
MOTIVATE OTHERS

A PDF version is available
on our website:
alphacenterfriends.com



STAY UP TO DATE



UPCOMING EVENTS

KNIGHT
TO REMEMBER

SATURDAY, FEBRUARY 11, 2023

FIVE OAKS

480 E 69TH ST, SIOUX FALLS, SD 57108

SCAN FOR TICKETS



ALPHA CENTER ANNUAL DINNER

Hidden Treasures
A DRAMATIZED CLIENT EXPERIENCE

Friday, April 28, 2023

7:00 PM

SIOUX FALLS CONVENTION CENTER

Visit our Event Calendar at
alphacenterfriends.com for more information.